



**LIMITLESS
KIDS**

GOD-CONNECTED FAMILY TIME

IDEAS FOR A DAILY TIME WITH GOD



THE IDEA

Originally produced by our team during the global pandemic of 2020 this resource is still relevant for families who want to connect with God.

Children spent a large majority of their time at home and as parents we have the responsibility of discipling our children but sometimes it's hard to know where to start.

We understand your children are unlikely to connect with a long prayer meetings and creativity and interaction is key.

So hopefully this resource may help with some creative ideas of how to have a God-connected time in your home.

There is no set pattern, pick whichever ones are possible and give it a go...you can also use any of your own ideas too.

We pray that God moves in your family in a powerful way.

USING THE RESOURCE

READ:

The ideas give a Bible reference to start with. Taking time to help each other find the correct book, chapter and verse is a great way of helping your children to find their way around their Bible. You could choose one person to read the verse or repeat it by having everyone have a go at reading.

CHAT:

Once you have read the Bible together, spend a few minutes chatting out loud about your thoughts and questions. Let the conversation flow, even if there are some strange tangents (you can bring it back in whenever you want to), If you are stuck for conversation ideas, there are some suggestions in the resource.

CONNECT

Our relationship with God is two-way and rather than just 'praying to Him', these ideas could help us connect with Him in a deeper way. There are a variety of ideas shared but feel free to use your own creativity and follow wherever God leads.



GOD-CONNECTED FAMILY TIME

WELCOMING HAND

READ: MATTHEW 21:1-11

CHAT:

What does the word Hosanna mean? How do you think we would welcome Jesus if he came to our town/city today?

CONNECT:

Make a palm leaf out of your own handprint. Find some paper and draw around your hand, cut it out, colour it in and write a note to welcome Jesus into your home. Stick them up by your front door...there may be no visitors but Jesus will visit.

FEET WASHING

READ: JOHN 13:1-17

CHAT:

What do you think it was like for the disciples to have their feet washed by Jesus? Why did Jesus do this?

CONNECT:

Get a warm bowl of water & soap (washing up bowl or similar) with some sponges and towels. Let the family take it in turns to wash each others feet, with some jokes about who has the smelliest feet.

BREAD & WINE

READ: LUKE 22:19-20

CHAT:

Have you ever taken communion? What does the bread and the wine mean? Share your understanding of the bread and the wine.

CONNECT:

Prepare some bread and blackcurrant juice. Think creatively about ways to make this family communion time together special. How you chose to take the bread and juice is your choice.

THE CROSS

READ: JOHN 3:16

CHAT:

What do you think of when you think of Easter? Make a list of the things you come up with together.

CONNECT:

Make some hot cross buns or other Easter snacks together (shop bought are fine). Chat about Easter and the importance of the cross. You could then make a cross decoration to put up in a visible place this Easter week.

JESUS' PAIN

READ: MATTHEW 27: 29 & 34

CHAT:

What sort of pain do you think Jesus went through dying on the cross? How does it make you feel knowing Jesus did this because He loves you?

CONNECT:

Use senses to imagine what it was like for Jesus:
Taste: dip breadsticks in vinegar to represent 'gall'
Touch: Put a hat on your head, imagine how it would feel if it was thorny and sore.

WIPE IT AWAY

READ: 1 JOHN 1:9

CHAT:

What sort of thing might we need to confess to God? What happens when God forgives us?

CONNECT:

Put some salt or sand in a tray/bowl/sandpit, one at a time write/draw what you want to say sorry to God for, wipe it away so it disappears. Let the Holy Spirit speak to you and listen to what God is saying.

HE LIVES

READ: MARK 16 & GAL 2:20

CHAT:

Jesus rose from the dead, and never died again. That means He is still alive today. Woah, what do you think of that?

CONNECT:

Find things in your house that you would enjoy at a party. Go wild having a party celebrating that Jesus is alive. You could have cake, balloons, worship karaoke, dancing, chocolate...have fun.



GOD-CONNECTED FAMILY TIME (2)

LEGO TOWER

READ: COLOSSIANS 2:6-7

CHAT:

God is amazing! Do you have a story to share about when God did something amazing?

CONNECT:

Use LEGO bricks (or similar) to build a tower of thanks. You could do one tower all together with each person who adds a block saying thank you to God for something, or build a tower each. The important thing is every block is another thank you.

SPRINKLE JOY

READ: ROMANS 15:13

CHAT:

Joy is something we don't talk about much, what does the word joy mean to you?

CONNECT:

Get creative - sprinkle some sprinkles/sweets onto freshly iced biscuits and ask God to sprinkle joy into your family as you're at home together.

TIP: you could sprinkle fruit pieces onto yoghurt if you want to be super healthy.

BUBBLE POP

READ: 1 JOHN 5:14-15

CHAT:

God hears all of our prayers. Does it always feel like that? How does that change how you pray?

CONNECT:

Get some bubbles ready. Think about something you really want God to know about. Let each child have a go at blowing the bubbles and watch the prayers flow to God. You could also catch them if you want to.

ANIMALS & US

READ: MATTHEW 6:26

CHAT:

Do you like animals? What is your favourite animal? Maybe practice animal sounds with younger children. Share how God cares for us & animals.

CONNECT:

If you have a pet, spend some time looking after them today (clean their bed space/play in the garden. Or watch one of the online zoo streams). Thank God that he looks after us and knows our every need.

STAR GAZING

READ: ISAIAH 40:26

CHAT:

What do you think about when you think about God's power? How big do you think God is?

CONNECT:

Let the kids stay up later until it is fully dark outside (try to pick a clear sky), Wrap up warm and go star gazing in the garden or just outside your flat. How many stars can you see? Reflect on how big God is. Ask Him to tell you something about Himself.

PICNIC PRAYER

READ: PSALM 23

CHAT:

God knows everything that is going on and when we come to Him, He is a safe place of rest & comfort.

CONNECT:

Get your picnic blanket out in the garden or inside. Find a space for everyone to lie down with some paper and a pen. Play a calm worship song and ask God to comfort us with His words as we lie down in His green pastures.

JESUS @ CENTRE

READ: COLOSSIANS 3:1-2

CHAT:

How do we put Jesus at the centre of our house now? Does anyone have ideas of how we can do so more?

CONNECT:

Write out the name Jesus on a big piece of paper. Gather around the name together with pens at the ready. First, write what the name of Jesus means to you. Pause, and ask Jesus to share something with you. Share what you see or hear with the others.



GOD-CONNECTED FAMILY TIME (3)

DIY WORSHIP

READ: PSALM 150:1-6

CHAT:

God deserves all of our worship. What makes God worthy of our praise?

CONNECT:

Raid your recycling box and get creative. Design your own junk modelling musical instruments. Take some time to write a song of praise & worship (if you're not sure where to start, try singing your favourite Bible verse). Worship God together by singing your new songs.

HEAL OUR LAND

READ: 2 CHRONICLES 7:14

CHAT:

God cares about all people. How do you think He feels about the sadness & sickness in the world at the moment?

CONNECT:

Draw a picture or a map of your street/the world/your school. Pray over the pictures and ask God to heal our land. If there are people you know who are poorly or sad, talk to God about your worries and ask for His healing power.

TUTTI FRUITI

READ: GALATIANS 5:22-25

CHAT:

The Holy Spirit helps us to live differently. What fruit of the Spirit would you like to have more of?

CONNECT:

Chop up fruit so each person has 9 pieces. Enjoy making fruit kebabs (or something just as yummy). Try to remember all the fruit of the spirit together as you add each piece. Pause if somebody wants more of that 'fruit' in their life – ask Holy Spirit to help them.

DISCOVERY DEN

READ: MATTHEW 6:6

CHAT:

God speaks to us today, how amazing is that. He likes to talk to children too. Share some stories about times when God spoke to you.

CONNECT:

Go wild and make a den...but let this be special den. Let this den be a safe space to be quiet with God and listen to what He is saying. You may want to put pillows/blankets, pens/paper, a Bible, Bible verses, a torch etc. inside too.

MESSY WISDOM

READ: MATTHEW 7:24-27

CHAT:

God is our Rock. What does this mean? Chat about things you do to try to build your life on Him?

CONNECT:

It's messy play time: find some sand (or soil) & some rocks/pebbles in the garden or on a walk. Build a house out of blocks or use a plastic tub. In a tray/outside balance the house on the sand & the rock and pour water over the top. What happens?

EXTENDING HUG

READ: MARK 12:30-31

CHAT:

God shows us so much love, and asks us to love our neighbours too. Who does Jesus mean by neighbours?

CONNECT:

Ask God to show/tell you someone who needs to know His love today. Make a card or a paper hug (2 handprints cut out and held together with string, ribbon, or folded paper). Write something to encourage them that God loves them. Post it to them.

YOU ARE LOVED

READ: PSALM 139:13-18

CHAT:

Read each verse again slowly and reflect together about what God is saying in these verses.

CONNECT:

Write your name on a piece of paper – try making it look cool with bubble writing or colours. Ask God to tell you what He is thinking about you today and write down what He says around your name. Tip: playing a worship song may help you to focus better.



GOD-CONNECTED FAMILY TIME (4)

WHOSE EYES?

READ: PSALM 119:9-18

CHAT:

What does it mean to open up our eyes to God? How might God's way be different to our way?

CONNECT:

Use binoculars, sunglasses, glasses, glass tumbler and/or a magnifying glass and let each other try them to see how different things look. Make your own pair of glasses or binoculars with paper/card and ask God to help you see things His way.

SNOWBALL TRASH

READ: COLOSSIANS 2:14-15

CHAT:

When you say sorry to God for something, He forgets about it and loves you still. What do you think/feel about this?

CONNECT:

Grab a load of scrap pieces of paper and put a bin in the middle. Write something you're sorry for, screw the paper up and try to throw it into the trash. Keep going until you get it in. Do as many throws as you want too, God forgives infinitely.

LEADER LIFT UP

READ: 1 TIMOTHY 2:1-4

CHAT:

What leaders can you think of (school, government, royalty, family)? Why do you think it's important to pray for them?

CONNECT:

Draw a picture of a leader that God puts on your heart. Pray for God to lead and guide them. If it helps write the prayer on the same paper as the picture. If you know the person, maybe you could send them a copy of your prayer to encourage them.

ALPHABET PRAISE

READ: PSALM 103:1-13

CHAT:

In what ways is does your inmost being praise God? What about His character are you thankful for today?

CONNECT:

Praise Him together...go through the alphabet, and share out loud attributes of God that begins with this letter. You could get creative and use alphabet potato shapes/alphabet spaghetti/alphabet cards or anything with letters on.

FINGERPRINT DNA

READ: PSALM 139:1-6

CHAT:

Have a look at each others fingers, everyone has a different fingerprint, even identical twins. Chat about how God made us all unique.

CONNECT:

Make some finger prints on paper or card using paint, facepaint, makeup or stamp ink (felt tip pen can work if you're quick). Ask God what He thinks is unique about you...write it down with your unique fingerprints.

GOOD GOOD GOD

READ: 1 CHRONICLES 16:31-36

CHAT:

God is good...all the time. What things about God are good? Are there times when you feel He's not good? Chat about your thoughts together.

CONNECT:

Search for some twigs on your walk today. When you're back home, make them into a cross shape. Use paper and string/ribbon to hang notes on the tree of things you are thankful to God for.

BIBLE BLAST

READ: JOSHUA 1:8

CHAT:

The Bible is full of God's promises that help us. What Bible verses do you know that encourage you?

CONNECT:

Time to get the post it notes (or similar slips of paper) ready. Find some Bible verses that will encourage you and others and write them down on separate post-its. Have a Bible verse blast all over the house, sticking them in places you will see day and night.



GOD-CONNECTED FAMILY TIME (5)

BREAK THE CHAIN

READ: JOHN 8:36

CHAT:

Jesus has the power to set people free. What does it mean to be set free?

CONNECT:

Make a paper chain together, writing on each piece of paper something that makes you feel sad, worried or angry. When you've finished ask God to set you free from these things. Break the chain into pieces and celebrate by singing and dancing to a happy worship song.

PEACE PEBBLES

READ: ROMANS 15:13

CHAT:

God fills us with joy and peace when we open our hearts. Share times when you have known God's peace/joy.

CONNECT:

Find some pebbles on your walk or in the garden. Hold the stone in your hand and be still before God (know His presence is with you). Let the warmth of your hands warm up the pebble. Ask the Holy Spirit to fill your heart with God's love and warm up the cold places in your heart.

MY FAV THING

READ: MARK 14:3-9

CHAT:

God is the best ever! Why do you think the lady poured her expensive oil over Jesus? What did He think about this?

CONNECT:

Go and grab some of the most important things to you in the house and talk about why they're important. Share with each other why these items are special to you and how would you feel about giving this to Jesus? Thank Him for the things He has blessed you with.

WAVING FLAGS

READ: PSALM 33:6-12

CHAT:

God cares about the whole world. What other countries can you think of? Have you ever been abroad?

CONNECT:

Pick a country to pray for today. Search online for what their flag looks like and spend some time making a paper flag (you could attach it to a straw, stick or anything it will hold to). When you've finished wave your flag, move around and pray for that country.

WORSHIP-OKE

READ: PSALM 100

CHAT:

Worship comes from the heart. How do you think God feels when we worship Him with singing?

CONNECT:

Pick a worship song each and search for a version with lyrics on YouTube. Create some makeshift 'microphones' using things like hairbrushes, drinks bottles etc. Sing your praises to God loud and clear using your microphones.

BREAD OF LIFE

READ: JOHN 6:36

CHAT:

Jesus uses illustrations to talk about important things. What does Jesus mean that He's the bread of life?

CONNECT:

Time to get baking. If you can find some flour, make a bread based recipe or create your own sandwich/pizza with lots of fun. Pray before you eat your food, and thank Jesus that He fills our heart up like bread fills our tummy up.

GRAFITI WALL

READ: 2 TIMOTHY 3:16-17

CHAT:

The Bible is God's Word to us. How does the Bible help you? What's your favourite verse?

CONNECT:

Pens at the ready. Have a go at designing a graffiti wall with your favourite Bible verse. You could do one each or a big one all-together. Stick it up and remember to read the verse. Use the brightest colours to get the coolest style.



GOD-CONNECTED FAMILY TIME (6)

RIPPLE SHIMMER

READ: ISAIAH 41:10

CHAT:

God will always be with us to strengthen us through all things. How might God help us when we get scared?

CONNECT:

Fill a bowl with some water and find some stones, coins or similar. Drop a shimmer stone into the bowl and watch the ripples slow until it is calm again. Ask God for peace about your worries about Coronavirus. Wait and see what He says.

DANDELION SPRAY

READ: EPHESIANS 3:14-19

CHAT:

It is powerful when we pray for other people. Who do you know who may need you to pray that for them today?

CONNECT:

The dandelion seed heads are really big outside now...see if you can find some in your garden or on a walk. Think about the person you wanted to pray for and ask God to help them to know His love, peace, joy or whatever you feel God is asking you to pray. Blow the seeds away.

LYRIC EXCHANGE

READ: PSALM 96:1-9

CHAT:

We often use songs to worship God. Do you have a favourite worship song? What are your favourite lyrics?

CONNECT:

Chose a song that you like, it could be a song in the charts, a song you sing at school or even a nursery rhyme. Have a go at re-writing the lyrics to turn it into a worship song. Enjoy singing your new song whenever you want to.

MESSY SPAGHETTI

READ: ISAIAH 55:8-9

CHAT:

God's thoughts are different to our thoughts. How do we tell the difference between what is our own thought and what is a thought from God?

CONNECT:

Cook some spaghetti pasta (or use string) and make up a messy plate. Think about times when life or your thoughts feels a bit confusing. Ask God to help you think clearly and try to unscramble the spaghetti.

CUDDLE SHARE

READ: 1 JOHN 3:16-18

CHAT:

God's love is wow: He loves us so much that He gave His life for us. How can we share His love with our actions?

CONNECT:

Share a hug today. Think of a friend or family member who you want to hug. Find a photo or draw a picture of yourself. Use paper to make some long arms with some hands on the end and stick them to your picture. Write a message or prayer on the arms. Post it.

WISDOM QUIZ

READ: PROVERBS 2:1-11

CHAT:

What is wisdom? Who do you know who is wise? What about them makes them a wise person?

CONNECT:

Godly wisdom is different to brain wisdom. And both are good for different reasons. So test your brain wisdom and have a family quiz. You could write a round each if you can't find one online. Thank God for the winner and ask God to give you His wisdom.

WHISPER BOX

READ: PSALM 44:21

CHAT:

God knows all things - that includes our secrets. God likes it when we trust Him - do you think He likes it when we tell Him our secrets?

CONNECT:

Make your own whisper box by decorating a box (e.g old cereal box). Or you could make a jar instead. Place it somewhere safe and when you want to tell God a secret go and whisper it into the box so only He hears.



GOD-CONNECTED FAMILY TIME (7)

WILD WONDER

READ: PSALM 96:11-12

CHAT:

All of creation praises to God. What do you think it would look like to see these things in Psalm 96 happen?

CONNECT:

Time to go exploring in the garden or a green space near you...see what pieces of nature you can find that you can pick up eg. Leaves, twigs etc. Take them home and make a collage with what you have collected - let the nature 'sing for joy'

CHALK BLESSING

READ: NUMBERS 6:24-26

CHAT:

Have you watched The Blessing UK/Kids? What do you think of these verses? What do they mean to you?

CONNECT:

Find some chalk and go on a walk to find some houses with a pavement street. If you know a neighbour, go there. Use these verses to write a blessing to your neighbours with some chalk on the pavement (outside the drive/door). If you have no chalk, a stone will write too.

ICY HEARTS

READ: PROVERBS 4:23

CHAT:

What does it mean to guard your heart? Why do you think it is really important to guard our heart?

CONNECT:

(The night before, make some ice cubes with something inside eg. a small toy or sweet). Take the ice cubes out of the freezer, hold them and let them melt. Talk to God about the cold things that you know affect your heart. Watch the ice melt away and see the goodness inside.

MOVE YOUR FEET

READ: PSALM 149:3-4

CHAT:

God deserves all of us when we worship. Have you ever danced in worship? If you have, show each other your favourite actions.

CONNECT:

Pick a worship song that you enjoy praising God with. Have a go at making up a dance - you could do one each and share them or a group dance, it's up to you. Video your dance and share with family and friends.

MEMORY CANDLE

READ: 2 THESSALONIANS 3:16

CHAT:

God is with us always, in the good times and the sad. Have you ever lost someone close to you? How does it feel when you think about them?

CONNECT:

With an adult, light a candle in memory of people/pets who you may have lost. Pause and reflect as the candle flickers. Share something you loved about them. Play some music. Let God's love comfort you and give you peace.

EAT WITH JESUS

READ: LUKE 7:36

CHAT:

Do you like having friends round or going to a friends house for lunch or dinner? What about eating with your friends makes it special?

CONNECT:

Have a teddys/dolls picnic (or just humans for older kids). Make sure to leave a space for Jesus. Think about how you will serve the food to people there and how you would treat Jesus if He was sitting there in person now.

BUILDING STONES

READ: 1 PETER 2:5

CHAT:

What does it mean to be built up as a spiritual house? How can you put God first in all you do at home?

CONNECT:

Find some stones, bricks, boxes or something in the recycling you could build with and get some paint ready. Decorate the items with some Bible verses to represent what we build our lives upon.



GOD-CONNECTED FAMILY TIME (8)

TASTE SURPRISE

READ: PHILIPPIANS 4:6-7

CHAT:

The Bible says we should be thankful at all times. How do you find being thankful when you're feeling happy? Sad? Worried? Excited?

CONNECT:

Hide a variety of nice & nasty foods under some cups. Take it in turns to lift a cup, reveal the nice or nasty food. The person who's turn it is thanks God for something nice or nasty (depending what their food is) and then eats it.

GOD'S TOWN

READ: JEREMIAH 29:7

CHAT:

Where do you live? What do you like about there? How do you think it look, if God's peace filled your town/city?

CONNECT:

Build a model of your town, city or local area (for 3D use cardboard boxes/recycling, for 2D use paper & pens). Pray for the area that you live, see where God guides you. Think about local leaders, your neighbours, the NHS etc.

WORSHIP CHANT

READ: EZRA 3:10-14

CHAT:

What is the loudest noise you have ever heard? Imagine if we worshipped God that loud...what would it be like?

CONNECT:

Time to get loud...and shout some praises to God. Have a go at writing your own worship chant (a bit like a football chant) that you can sing together. Something you will remember for the rest of the week. Use Bible verses to help.

GOOD OLD TIMES

READ: DEUTERONOMY 32:7

CHAT:

God has been faithful to many generations before us. What is a generation? Do you know any old stories of God's faithfulness?

CONNECT:

Cut some hearts out of paper or card. Go around your house and find things or memories that you are thankful for. Write these on the hearts and stick them around your room or around your home.

FLOWER ZONE

READ: PSALM 8:1-4

CHAT:

The praises of children is really important to God. What stands out in these verses to you? What do you think the writer David means?

CONNECT:

Take some time out in a park or in the garden. Find something beautiful in nature that you enjoy looking at. Spend some time thinking about how God put it there and cares for that just as He cares for you. Listen to what God says as you're still.

DEVOTE?

READ: COLOSSIANS 4:2

CHAT:

What does it mean to devote yourself? Have you ever devoted yourself to something? How did that change what you did?

CONNECT:

Devote yourself to praying for your school today, it's a strange time for your teachers too. Be watchful, ask God what you should pray about. And be thankful too, thank Him for things about your school.

RAIN ON ME

READ: HOSEA 6:3

CHAT:

Do you like the rain? What do you think a spiritual rain of the Holy Spirit would be like? Have you ever felt the Holy Spirit?

CONNECT:

Save plastic bottles to make a rain catcher. Place outside and catch the rain. When you have caught some rain, pour it out and ask God to fill you with His Holy Spirit. Put the rain catcher out again, and repeat....God's goodness never ends.



GOD-CONNECTED FAMILY TIME (9)

PLANE FEELING

READ: JAMES 5:13

CHAT:

God likes it when we pray, no matter how we're feeling. What types of prayers can you pray to God?

CONNECT:

Give each person a piece of paper and a pen. Write a personal prayer to God on your piece of paper. Tell Him how you're feeling and why. Fold the paper into a paper aeroplane and throw your prayer up to God.

HAPPY DAYS

READ: PSALM 118:24

CHAT:

What makes you happy? Share with each other what you like to play or do that makes you happy.

CONNECT:

God likes it when we're happy and enjoying the goodness of life He has given us. Do something that makes you happy today, but remember to tell God all about it, before and after. He'll enjoy hearing about what you did.

T-SHIRT DOODLE

READ: PROVERBS 3:1-4

CHAT:

How do we keep God's word close to our heart? How have you remembered God's word when you've needed it most?

CONNECT:

Find an old t-shirt or vest in your wardrobe. With the permission of an adult decorate your t-shirt with words that God says about you. Listen to what He's saying to you today.

COIN HUNT

READ: LUKE 15:8-10

CHAT:

Have you read this story before? This is a parable, a story that uses pictures. What does Jesus mean in this parable?

CONNECT:

Find some coins and give each person the same number of different coins. Set a timer to hide the coins, and then go and find the coins. When all the coins are found, pray for people you know who don't know Jesus?

ENDURING LOVE

READ: PSALM 136

CHAT:

This Psalm uses the words 'His love endures forever' lots of times. How many times can you count? What does this phrase mean?

CONNECT:

Have a go at writing your own words which follow with the phrase 'His love endures forever'. Think about reasons to praise God and what God is like. Share your words and say the phrase together.

NEW CREATION

READ: 2 CORINTHIANS 5:17

CHAT:

When you choose to live for Jesus, He creates a new heart in you and forgives anything you've done wrong.

CONNECT:

Do the washing up together as a family today. Each hold a dirty item in your hand and tell God about where you feel messy. Wash the dirt away in water and dry. Hold the clean item and thank God for making you a new creation. Listen to what He says.

LOVE BUG

READ: PSALM 96:3

CHAT:

How would you normally talk to your friends about Jesus? Has that changed with Coronavirus? What could you do instead now?

CONNECT:

Think of a friend who you could share God's love with. Draw/make a bug or butterfly that they might like. Write a note on the back and include an encouraging Bible verse or prayer. Post it to them or put it through their letterbox.



GOD-CONNECTED FAMILY TIME (10)

JUICE COMBO

READ: PSALM 107:9

CHAT:

It's true, God satisfies the thirsty. But what does that mean? Have you ever felt spiritually thirsty and needed refreshing by the Holy Spirit?

CONNECT:

Put out a mix of different drinks (eg squash, fruit juice) in small jugs/cups. Assign each drink to a different good thing that comes from God. Take an empty cup each and fill it with what you would like God to fill you with. Enjoy.

SIN BIN THROW

READ: 1 JOHN 1:9

CHAT:

If you wanted to get rid of something forever, what would you do? God removes our sin forever when we say sorry to Him.

CONNECT:

Empty a bin and put it in the middle of the room. Write some things you want to say sorry to God for on paper. Screw them up and throw them into the bin (a bit like basketball). Remember to recycle the paper afterwards.

IMAGE OF GOD

READ: GENESIS 1:27

CHAT:

God created all people in His image...it is sad when people like George Floyd are treated differently because of their skin colour. How do you think God feels about racism?

CONNECT:

Discuss injustice and racism together. Be honest and vulnerable. Think of someone you look up to who has a different skin colour to you (someone you know or a celebrity). Thank God for them.

PROPHETIC PENS

READ: ISAIAH 28:23

CHAT:

God speaks in lots of different ways. List ways that God speaks to people. Think about ways He speaks in the Bible and how He speaks today.

CONNECT:

Take some felt tip pens and a piece of paper each. Chose a worship song or 2 to play. Whilst the music is playing, take a deep breath, relax and listen out to what God is saying. Draw whatever comes to mind.

SLEEPING ROUGH

READ: PROVERBS 31:8-9

CHAT:

Have you ever walked passed a homeless person? What did you feel? How do you think they feel having nowhere to live?

CONNECT:

If you have a sleeping bag – get in it (or use a blanket instead) and imagine what it would be like to only have that space to live. And what it must be like to move every night. Pray for the homeless, think about your town too.

ARMOUR DRAMA

READ: EPHESIANS 6:10-18

CHAT:

What do you already know about the armour of God? Choose one piece of the armour to focus on today.

CONNECT:

Have a go at making that piece of the armour with items from around the home & some recycling junk. Pass the piece round, act out God's protection with that piece and pray for the person who is wearing/holding the armour.

BOUNCING PRAISE

READ: PSALM 34:1

CHAT:

We can worship God wherever we are and whatever we're doing. Where's the strangest place you've ever praised or prayed to God?

CONNECT:

Let's multi-task. Have a go at praise God whilst doing something else at the same time. Find somewhere to bounce: a trampoline, bed, skipping rope or just the floor. Try to praise God with a different word each bounce.



GOD-CONNECTED FAMILY TIME (11)

PASS-A-CAKE

READ: LUKE 3:10-11

CHAT:

What does John the Baptist say about sharing here? Can you think of a time when someone shared something with you?

CONNECT:

Sharing is caring...show your friends and/or family you care. Make cakes or biscuits and give away some. Your cake could be as simple as cornflake cakes or as fancy as a GBBO showstopper. It's the thought that counts.

KNOCK IT DOWN

READ: ISAIAH 41:10

CHAT:

God is always with us. We don't need to fear. What gives you strength in the verse? Hold onto that, God's word is stronger than our fears.

CONNECT:

Find some empty cans, tins or bottles in the recycling and line them up (a bit like a coconut shy). Using a ball take it in turns to knock your fears down, before you throw imagine the bottle is your fear and the ball is God's spirit in you.

WAVE A BANNER

READ: PSALM 20:5

CHAT:

What is a banner and why do people use them? Have you ever seen someone holding a banner? If so, what did it say?

CONNECT:

Design your own banner today. Use the banner as a way of shouting God's victory. You could use a Bible verse, song lyric or something from your own heart. Decorate it big and bright. If you want to, put it in your window for everyone to see.

WILL IT BREAK?

READ: ISAIAH 54:10

CHAT:

God will not be shaken. How does this verse give us encouragement? When might you need to remember this?

CONNECT:

Use building blocks to build the strongest structure you can in 5 minutes. When you have finished, test the strengths by seeing whose can be demolished. Chances are they will all break, even though they were so strong. Remember and celebrate... Gods promises never break!

GROUND HUNT

READ: MATTHEW 13:1-9, 18-23

CHAT:

Can you find the 4 different types of ground that the seed was planted on? What type of ground did the seed grow best?

CONNECT:

In your garden or on a walk, see if you can find the 4 different types of ground. When you find each one, stop and talk together about what our hearts would look like if they were like that type of ground (verse 18-23).

ARMOUR DRAMA

READ: EPHESIANS 6:10-18

CHAT:

What part of the armour of God did you act out last week? Choose a different piece to focus on today.

CONNECT:

Have a go at making that piece of the armour with items from around the home & some recycling junk. Pass the piece round, act out God's protection with that piece and pray for the person who is wearing/holding the armour.

GOOD FATHER

READ: 1 JOHN 3:1

CHAT:

God is a good Father. What does this verse say about God as a father? What does it mean to be a child of God?

CONNECT:

Find a space on your own with a pen and paper. Play the song Good Good Father. Listen to what God says to you – write or draw it down. If there is hurt around the issue of dad, chat together about how God is different from humans.



GOD-CONNECTED FAMILY TIME (12)

PASTA PASTOR

READ: ACTS 20:28

CHAT:

God places people as leaders in the church to help guide us. Who are your church leaders? How are they like shepherds?

CONNECT:

Pasta and pastor sound the same - so gather a few different types of pasta (penne, spaghetti, lasagne etc) and use the shape of the pasta to guide your prayers for your pastor and church leaders.

TAKE A STEP

READ: PROVERBS 16:9

CHAT:

God has a plan, a special plan just for you. He will lead you in your steps both now and in the future. How does God guide us?

CONNECT:

Time to get a little messy and make some footprints - this could be with paint and bare feet or mud and shoes. Make your footprint and ask God what steps He is wanting you to take, listen to what He says.

WINNER DINNER

READ: ROMANS 8:37

CHAT:

We are more than conquerors. This sounds exciting, but what does it mean? Why are we conquerors? How does this change how we live?

CONNECT:

Celebrate in style with a feast for a winner. Choose some of your favourite fancy food and have a winner's dinner. You could even decorate the table. As you eat together share about what God has done to help you be a conqueror.

HEADPHONE ZONE

READ: LAMENTATIONS 3:25-28

CHAT:

How do you feel when it's silent? Why do you think the Bible says to wait quietly for the Lord?

CONNECT:

Find some space and quiet to have your own time being still. Wait quietly for God. If you want to put some headphones on (with or without music) it might help to take away the background noise. Let the Holy Spirit fill you and speak to you.

SOAKED THROUGH

READ: JOHN 7: 37-39

CHAT:

Jesus uses a picture to describe something deep here. What do you think Jesus means by rivers of living water?

CONNECT:

Let's get WET! Decide how you're going to get soaked; a sprinkler, water fight, rain? Pray before hand and ask God to soak you with His Holy Spirit more than you can get soaked with water. When you've prayed - GO GET WET!

ARMOUR DRAMA

READ: EPHESIANS 6:10-18

CHAT:

What parts of the armour of God have you acted out already? Choose a different piece to focus on today.

CONNECT:

Have a go at making that piece of the armour with items from around the home & some recycling junk. Pass the piece round, act out God's protection with that piece and pray for the person who is wearing/holding the armour.

SIGNED PRAISE

READ: ISAIAH 25:1

CHAT:

Worshipping God comes from the heart. Deaf/mute people use sign language because they can't sing along. Have you ever seen someone sign?

CONNECT:

Search on YouTube for worship sign language. See if you can learn some actions to a song. God hears what you're saying, even if you're not saying out loud. You could even carry on practising the signs so you remember them.